

All,

Please find the attached schedule to become a Certified First Responder (CFR). Below is a brief description and list of qualifications to become a CFR.

This class begins September 28, 2017 HOWEVER **registration night is August 28 @ 6PM**. We must have a minimum number of students so, please if you are interested, sign up for the class ahead of time. This class is 60-70 hours long. If you have questions please reach out to one of us and we will happily get you those answers.

If you would like to sign up for the course please contact Justin Astafan at 315-376-7745 EXT 400 or [jastafan@lcsr-ems.org](mailto:jastafan@lcsr-ems.org) or you may also contact me by either calling 315-376-5303 or email [jennifermaracchion@lewiscounty.ny.gov](mailto:jennifermaracchion@lewiscounty.ny.gov).

Below are also the direct links to sign in and take the ICS required online classes. The online classes are free but you do need to create a user name and password to complete.

Here is the link to the Lewis County website that has all these classes listed:  
<http://lewiscountyny.org/content/Generic/View/172>

OR

Here are the links to the ICS classes that are all online:

ICS 100 - <https://training.fema.gov/is/courseoverview.aspx?code=IS-100.b>

ICS 700 - <https://training.fema.gov/is/courseoverview.aspx?code=IS-700.a>

Hazmat Awareness - <https://training.fema.gov/is/courseoverview.aspx?code=IS-5.a>

## **Description of Tasks:**

Responds to calls when dispatched. Reads maps, may drive emergency response vehicle to emergency site using most expeditious route permitted by weather and road conditions. Observes all traffic ordinances and regulations.

Uses appropriate body substance isolation procedures. Assesses the safety of the scene, gains access to the patient, assesses extent of injury or illness. Communicates with dispatcher requesting additional assistance or services as necessary. Determines nature of illness or injury. Visually inspects for medical identification emblems to aid in care (medical bracelet, charm, etc.) Uses prescribed techniques and equipment to provide patient care. Provides additional emergency care following established protocols. Assess and monitor vital signs and general appearance of patient for change. Makes determination regarding patient status and priority for emergency care using established criteria. Reassures patient, family members and bystanders. Avoids mishandling patient

and undue haste. Reports verbally and in writing, information gathered about patient's emergency and care rendered to EMT or AEMT in charge of ambulance crew on scene. Assists with lifting, carrying and properly loading patient into the ambulance.

Complies with regulations in handling deceased, notifies authorities and arranges for protection of property and evidence at scene.

Replaces supplies, properly disposes of medical waste. Properly cleans contaminated equipment according to established guidelines. Checks all equipment for future readiness. Maintains emergency vehicle in operable condition. Ensures cleanliness and organization of emergency response vehicle, its equipment and supplies. Determines vehicle readiness by checking operator maintainable fluids, fuel and air pressure levels. Maintains familiarity with all specialized equipment.

## **Qualifications:**

- Complete the *Application for Emergency Medical Services Certification* (DOH-65), including affirmation regarding criminal convictions
- Successfully complete an approved New York State CFR course
- Achieve a passing score on the practical and written certification examinations
- Must be at least 16 years of age by the end of the month in which they are scheduled to take the written certification examination
- Knowledge and Skills required show a need for high school or equivalent education
- Ability to communicate effectively via telephone and radio equipment
- Ability to lift, carry and balance up to 125 pounds (250 pounds with assistance)
- Ability to interpret oral, written and diagnostic form instructions
- Ability to use good judgement and remain calm in high stress situations
- Ability to be unaffected by loud noises and flashing lights
- Ability to function efficiently without interruption throughout an entire work shift
- Ability to read English language, manuals and road maps
- Ability to accurately discern street signs and addresses
- Ability to interview patients, patient family members and bystanders
- Ability to document, in writing, all relevant information in prescribed format in light of legal ramifications of such
- Ability to converse in English with coworkers and hospital staff with regard to the status of the patient
- Possesses good manual dexterity with ability to perform all tasks related to the highest quality patient care
- Ability to bend, stoop and crawl on uneven terrain
- Ability to withstand varied environmental conditions such as extreme heat, cold and moisture
- Ability to work in low light situations and confined spaces
- Ability to work with other providers to make appropriate patient care decisions

**CFR COURSE – Tuesday and Thursday 6p-9p, Saturday 9a  
CIC – Justin Astafan, Paramedic**

**Certified First Responders**

09/28/17 – Intro to EMS, Well being of CFR, Medical / Legal

10/03/17 – Documentation, Communication, Anatomy and Physiology

10/05/17 – Medical Terminology, Pathophysiology, Lifespan Development  
Public Health, Pharmacology

10/10/17 – Exam Section 1, Airway management, Anatomy & Physiology,

10/12/17 – Respiration, Artificial Ventilation

10/17/17 – Exam Section 2, Airway Lab

10/19/17 – Pt. Assessment

10/24/17 – Vital Signs

10/26/17 – Section 3 Exam, Pt. Assessment Lab

11/02/17 – Medical Emergencies

**11/04/17 – CPR – SATURDAY**

11/07/17 – Medical Emergencies, Patient Assessment/Medical Lab

11/09/17 – Section 4 Exam, Shock and Resuscitation

11/14/17 – Trauma Overview, Bleeding, Chest and Abdominal, Genitourinary Trauma

11/16/17 – Orthopedic, Soft tissue, Head, Face, Neck

Thanksgiving BREAK

11/28/17 – Spine, Nervous System, Special Considerations, Environmental Multi  
Systems

11/30/17 – Section 5 Exam, Trauma Lab

12/05/17 – Special Populations, Operations, Section 6 & 7 Exam, Lab

12/07/17 – Lab

12/09/17 – Additional Saturday Lab if Needed

12/12/17 – Class Final, Lab Skills

12/14/17 – Practical skills lab

**12/16/17 – Practical Skills Exam - SATURDAY**

12/19/17 – Remediation, Retests, Review

**12/21/17 – New York State Written Exam – 7PM – THURSDAY**

ICS 100, NIMS 700 and Hazmat Awareness IS5-a need to be completed either prior or during the course and certificates of completion submitted to the Instructor prior to the practical skills examination. If not submitted by the practical then the student will not be eligible for the NYS Practical exam and will need to reschedule the final practical skills examination and the NYS written certification examination. Refer to your policy and procedures for further information.